

Linking Health & Learning e-Bulletin

December, 2013

News and General Announcements

Vermont Agency of Education Grant:

Promoting Adolescent Health through School-Based HIV/STD Prevention

Application due: December 20, 2013

This grant opportunity will provide approximately 15 Vermont school districts and supervisory unions with up to \$30,000 over five year period. Funding for this grant is supported by the Centers for Disease Control and Prevention (CDC) for HIV/STD prevention education. To learn more and apply, click [here](#) or contact Tom Aloisi at (802) 828-0565 or thomas.aloisi@state.vt.us.

Concussion Management Action Plan (CMAP) Required for All Schools

Passed in July, 2013 [Act 68](#) requires all schools to have a CMAP that consists of four components. To learn more find the Concussion Toolkit, click [here](#). The Vermont Concussion Task Force is also asking schools to respond to a quick survey [here](#) to gather information for a required legislative report. Contact Jill Remick, Agency of Education Legislative Liaison, at (802) 828-1637, jill.remick@state.vt.us or Sharonlee Trefry, Department of Health School Nurse Consultant at (802) 863-7348 or sharonlee.trefry@state.vt.us.

Policy Guidance Alert

Guidance language for the Tobacco Prohibition policy was recently updated. In a time of new and emerging tobacco products to the market, and changes in state legislation pertaining to tobacco definitions, it is important for all schools to ensure that tobacco prohibition policies are current and up-to-date. Click [here](#) to view the policy. Questions can be directed to Kate O'Neill at (802) 828-5151 or kathryn.oneill@state.vt.us.

2012 School Health Profiles (Profiles) Results from CDC

The 2012 School Health Profiles (Profiles) results are now available from the Centers for Disease Control and Prevention (CDC)! The Profiles is a system of surveys assessing school health policies and practices in states, large urban school districts, territories, and tribal governments. Profiles surveys are conducted biennially by education and health agencies among middle and high school principals and lead health education teachers. Profiles monitors the current status of School health education requirements and content, Physical education and physical activity, School health policies related to HIV infection/AIDS, tobacco-use prevention, and nutrition, Asthma management activities, Family and community involvement in school health programs, School health coordination. Click [here](#) to view the Profiles report.

Food Allergies Resource and Guidance

The Centers for Disease Control and Prevention published a comprehensive manual titled: "Voluntary Guidelines to Manage Food Allergies in Schools and Early Childhood Care and Education Programs". The document can be found [here](#).

Free Health Education Materials from NNEPC

The Northern New England Poison Center has released new high school classroom education materials about caffeine and energy drinks. Resources for other topic areas and grade levels are also available. To download materials, click [here](#). For more information contact Gayle Finkelstein at (802) 847-2393 or Gayle.Finkelstein@vtmednet.org.

Vermont Jr. Iron Chef: Save the Date and Register

Jr Iron Chef will be taking place on Saturday, March 22, 2014 at the Champlain Valley Exposition Center in Essex Junction. Registration ends January 15, 2014. We've made some changes to the event this year so please read the updated rules & guidelines carefully before registering. Please click [here](#) to learn more and register. Questions can be directed to info@jironchefvt.org, or (802) 434-4122 x40.

Professional Development Opportunities

Click [here](#) for a calendar of Vermont Agency of Education-sponsored events.

Spring 2014 Courses from Vermont Higher Education Collaborative (VT-HEC)

For a complete listing of health education, driver education and special education courses in both online and face-to-face formats, click [here](#). Courses begin January 2014.

Webinar: Let's Celebrate! How Do We Change Traditions?

December 3, 2013

Online

It's just a cupcake, right? Learn why that is not necessarily the case. Come hear strategies for changing the face of celebrations in school and having fun in the process. It's a new day--let's start new traditions to celebrate students and milestones! Speaker: Jill Turley, National Nutrition Advisor, Alliance for a Healthier Generation. To register, click [here](#). You must create a login to register.

Michigan Model Curriculum Training

December 4, 2013

Fairlee, VT

Click [here](#) to learn more and register. Contact Center for Health and Learning at info@healthandlearning.org.

Webinar: Active Schools Do Better**December 10, 2013****Online**

Let's Move! Active Schools (LMAS) is a new initiative with the goal of increasing physical education and physical activity in schools today. Join us for a brief overview of the LMAS program including how to join, the benefits of membership, and resources to help you every step of the way. Join our national LMAS Physical Education and Physical Activity Advisor, Sean Brock, for this dynamic discussion. To register, click [here](#). You must create a login to register.

Community Youth Suicide Prevention & Response**December 10, 2013****Brattleboro, VT**

How common is suicide among youth? What are the risk factors and warning signs? What can a community member do if they encounter a troubled youth? These are some of the issues that will be addressed at this workshop designed for community members. Learn the facts about suicide, know what to look for in troubled youth, understand what to do to help and leave with the ability to talk to others about suicide prevention. This event will be held at the Brattleboro Retreat and is sponsored by the Center for Health & Learning. To register for this free program, call (802) 258-3785.

Not on Tobacco (N-O-T) Basic Facilitator Training**January 14, 2014****Burlington, VT**

The American Lung Association is sponsoring this N-O-T Basic Facilitator workshop. This training is required to facilitate the N-O-T teen smoking cessation program (for 13-19 year-olds likely addicted to smoking) in schools or community organizations. Training includes one curriculum per site, related materials, continental breakfast and lunch. Thanks to a grant from the Vermont Department of Health, the training is free for Vermont residents. Click [here](#) to register. If you have already been trained to facilitate N-O-T and would like to implement the program this year in your school, click [here](#) to review program guidelines and to register for the program. If you have questions about the N-O-T Basic Facilitator Training or N-O-T program implementation, contact Ron Douglass, (802) 876-6860 or rdouglass@lungne.org.

Webinar: Fostering School Connectedness**January 15, 2014****Online**

Click [here](#) to learn more and register. Contact Kate O'Neill at kathryn.oneill@state.vt.us.

Botvin LifeSkills Curriculum Training**February 7, 2014****Randolph, VT**

Click [here](#) to learn more and register. Contact Kate O'Neill at kathryn.oneill@state.vt.us.

Developing Developmental Assets in School Communities

February 12, 2014

South Burlington, VT

Click [here](#) to learn more and register. Contact Kate O'Neill at kathryn.oneill@state.vt.us.

Grant and Funding Opportunities

Electronic Student Health Record (EHR) Grant

Grants are available to Vermont supervisory unions to promote the use of electronic student health records in schools to conduct illness surveillance and report surveillance data to the Vermont Department of Health (VDH). The VDH funds the purchase of an EHR system of your choice, meeting grant criteria, with training and licensing fees covered for one year. The school will report to VDH once weekly the number of students with flu-like symptoms and the number of students absent that week. Reporting lasts for one year; the software is yours. VDH does not collect personal identifiable information in the report. To apply, contact Sharonlee Trefry, State School Nurse Consultant at sharonlee.trefry@state.vt.us, (802) 863-7348.

USDA Community Facilities Grant

Public school districts are eligible for USDA Rural Development Community Facilities grants of up to \$50,000 to help address building improvement and repair needs.

Click [here](#) to learn more.

Contacts: Deborah Maguire, USDA, at (802) 828-6024 or deborah.maguire@vt.usda.gov; Cathy Hilgendorf, AOE, at (802) 828-5402 or cathy.hilgendorf@state.vt.us

2nd Annual Search for Green Ribbon Schools

Deadline: December 9, 2013

The Vermont Agency of Education will select up to three public schools and one independent school as our state's nominees for the US Department of Education 2014 Green Ribbon Schools recognition award. Schools must demonstrate exemplary achievement in the areas of energy/sustainability curriculum and STEM education programs, improving the health of students, and saving energy and the environment via buildings and grounds practices that promote sustainability and environmental health. To learn more and apply, click [here](#). Contact Cathy Hilgendorf at (802) 828-5402 or cathy.hilgendorf@state.vt.us.

Saucony Run for Good Grant

Deadline: December 13, 2013

The Saucony Run for Good Foundation is committed to improving the lives of children by helping to prevent and reduce childhood obesity and healthy lifestyle programs for youth. To learn more and apply, click [here](#).

Good Sports Equipment Grant

Deadline: December 31, 2013

Good Sports helps to lay the foundation for healthy, active lifestyles by providing athletic equipment, footwear, and apparel to disadvantaged young people nationwide. By partnering with sporting goods manufacturers, Good Sports is able to provide equipment, apparel, and footwear to programs in need. Award amounts vary. Schools are encouraged to apply [here](#).

Youth Athletic and Active Lifestyle Grant

Deadline: December 31, 2013

Finish Line Youth Foundation focuses funding on organizations that provide opportunities for youth participation in the following areas: (1) Youth athletic programs - Community-based programs addressing active lifestyle and team building skills; and (2) Camps - Established camps with an emphasis on sports and active lifestyle, especially programs serving disadvantaged and special needs kids. To learn more and apply, click [here](#).

Rite Aid Grant

Deadline: January 15, 2014

The Rite Aid Foundation is dedicated to helping communities lead happier, healthier lives and seeks to fund programs that focus on health and wellness in areas in which Rite Aid operates. To learn more and apply, click [here](#). A second option is to enroll your school in [KidsCents](#), where people can round up their purchases at Rite Aid and give the change to programs for kids and communities.

Together Counts Grant: Find Your Balance Challenge

Deadline: January 31, 2014

The Find Your Balance Challenge is open to elementary school classrooms in grades K-5 and rewards student teams for taking steps toward achieving Energy Balance in your own school communities. To learn more and apply, click [here](#).

21st Century Community Learning Centers Grant

Deadline: February 7, 2014

The 2013-14 grant competition for the purpose of providing high-quality afterschool and summer extended learning opportunities is now open. Applications are due by February 7, 2014. Click [here](#) to view the application and to get more information about October 2013 applicant workshops. Contact Emanuel Betz, 21C State Director, at (802) 828-0557 or emanuel.betz@state.vt.us.

Lowe's Toolbox for Education Grant

Deadline: February 14, 2014

The Lowe's Foundation is accepting applications for its Toolbox for Education Grant program. The purpose of this funding is to support school improvement projects at K-12 public schools in the United States. Projects that encourage parent involvement and build stronger community spirit are encouraged. To learn more and apply, click [here](#).

Champions for Healthy Kids Grant

Deadline: March 15, 2014

The General Mills Foundation, in collaboration with the American Dietetic Association Foundation and the President's Council on Physical Fitness and Sports, is accepting applications for its Champions for Healthy Kids grant program. The purpose of the program is to support sustainable, effective programs working to improve nutrition and physical fitness behaviors for youth. To learn more and apply, click [here](#).

To unsubscribe, or subscribe, to the Linking Health & Learning e-bulletin, write to lindsay.simpson@state.vt.us or call (802) 828-1461.